

South Coast Red Belt Rumble

Sunday 21st June 2009

Worthing Leisure Centre
Shaftesbury Avenue, Goring-by-Sea, Worthing
West Sussex, BN12 4ET

This competition is for novice players

All players who have won a medal in an open event
are not permitted to enter this event

- Eligibility**.....
- Minimum age of 8 years, maximum 15 years.
 - Maximum grade of 3rd mon
 - Must hold BJA licence
 - Graded players must have graded since Jan 2009
 - Novices must have started after Jan 2009
- Groups** All players will be weighed on the day and grouped into pools of 4 or 5, dependant on weight, grade and if possible age
- Medals** All players will receive a medal
- Weigh-in** 8.45am – 9.30am (Doors open 8.30am)
- Technical Restrictions** U12 Technical Restrictions will apply all day
(No neck or leg grabbing or dropping techniques)
- Fees** Competitors - £10.00
(Cheques payable to "Sussex County Judo Clubs")
Spectators - £3.00 (pay on door only)
- Enquiries**..... Peter Seymour: 01293 537808 / p.seymour1@sky.com
- Entries** Peter Seymour, 8 Cheynell Walk, Crawley, RH11 8JX
- Closing Date for Entries** 13th June 2009

Sussex Red Belt Rumble – 21 June 2009

Please PRINT Clearly!

Name: _____ Boy/Girl Grade: _____

Club: _____ Licence No: _____ Exp Date: _____

Contact Number(s): _____

Address: _____

Email: _____